



NATIONAL  
PU COLLEGE  
ITPL



**THE BULLETIN  
2025**



# CAMPUS HIGHLIGHTS



## Investiture Ceremony

Today, our school witnessed the dignified and heartfelt **investiture** of the new student council, beginning with the Chief Guest **Tristha Ma'am** ceremonially lighting the lamp to symbolise the illumination of knowledge and leadership. Following this auspicious start, a welcome dance brought a burst of vibrant energy to the gathering, warming the atmosphere and celebrating the occasion. The ceremony then moved into a solemn and disciplined slow march by the council members, who advanced in perfect formation, demonstrating unity and purpose. A deeply symbolic moment followed as the outgoing council passed the school flag to the new leaders. Each member then received badges and sashes, followed by the oath of office, binding them to serve the school community with integrity. Speeches by Tristha Ma'am and the Principal underscored the values of humility, teamwork, and accountability, bringing the event to a meaningful close. The ceremony concluded with a vote of thanks and the national anthem, leaving all in attendance inspired, motivated, and confident that our newly instated council will lead with honour and dedication.



## SLP - Karunyam

Continuing last year's **SLP Karunyam initiative**, our students raised funds through hard work and donated two speakers to **Munnekolala Government School** on the **4th of July**. During the visit, the students were warmly welcomed by the school's administration and were delighted to interact with the students, whose innocent joy and enthusiasm left a lasting impression. The school leaders praised our students for taking ownership of the project - from fundraising to donation, and for conducting themselves responsibly throughout the event.

A meaningful dialogue with the administration followed, strengthening connections and shared purpose. For our students, the experience was deeply fulfilling: they not only witnessed the impact of their efforts firsthand but also gained insights into empathy, leadership, and service. Bringing together determination, teamwork, and compassion, this Karunyam activity reinforced the transformative power of student-led initiatives in supporting deserving communities.





# LEARNING BEYOND BOUNDARIES



## Leadership Bootcamp at Ekya Nava: Building Future Leaders

On **9th July**, Ekya Nava hosted an inspiring **Leadership Bootcamp**, bringing together student leaders for a day dedicated to building skills, confidence, and a spirit of collaboration. The bootcamp focused on nurturing the qualities that define effective leadership—communication, decision-making, empathy, and resilience.

Through engaging workshops, team challenges, and thought-provoking discussions, students explored what it truly means to lead with purpose. Expert facilitators guided them through activities that tested their problem-solving abilities and encouraged them to think creatively and work cohesively.

One of the highlights was the peer-sharing circle, where students exchanged ideas, shared personal goals, and reflected on their own leadership journeys.

The energy at Ekya Nava was vibrant and focused—students left feeling inspired, motivated, and better equipped to take on responsibilities in their schools and communities. The bootcamp was not just a training session, but a meaningful step toward shaping tomorrow's leaders today.







## Well-Being

July was dedicated to **Health and Wellness**, and the Well-Being Department engaged **PU students** in meaningful conversations around relationships, personal safety, and informed decision-making. The highlight was a comprehensive **Sex Education** session, designed to help students understand key concepts such as consent, healthy relationships, and how to recognise red flags in interpersonal dynamics. These discussions aimed to empower students with the knowledge and self-awareness needed to make responsible choices and navigate their personal lives with confidence and respect.

We also introduced students to the **POCSO Act** using age-appropriate language, ensuring they are aware of their rights, understand the importance of personal boundaries, and know how to seek help if needed. These sessions were handled with care, encouraging open dialogue while maintaining a safe and respectful environment.

In addition to student sessions, the Wellbeing team facilitated impactful workshops for teachers. One focused on **POCSO compliance**, helping staff stay aligned with child protection protocols, while another addressed sensitive but crucial topics such as **self-harm, body image, eating disorders, and teen relationships**. These sessions equipped teachers with practical strategies to support students effectively and empathetically.

As part of our ongoing commitment to professional growth, school counsellors also engaged in **Brief Solution-Focused Counselling** training—a student-centred approach that builds on strengths and promotes actionable change in a short time frame.

These initiatives reflect our continued effort to prioritise student well-being, ensuring that the PU community is supported, informed, and prepared to navigate the challenges of adolescence with clarity and confidence.



# PROFESSIONAL DEVELOPMENT

We have been conducting a series of focused bootcamps for staff members on **leveraging AI tools** and exploring practical applications of AI in day-to-day workflows across roles. Our **Pre-University educators** participated in a **Professional Development Day** to upskill themselves on 'Student Engagement.' We conducted a three-day in-person [workshop and field immersion](#) for candidates of our Postgraduate Diploma in **Early Childhood Education**. Held at the **CMR University City Campus**, the experience combined hands-on learning, peer collaboration, and real-world application of theory.

We have officially opened applications for the [ReThink Educator Certification Program](#), a three-month virtual learning journey designed for aspiring and in-service educators to deepen their understanding of progressive education practices.





# STUDENT EDGE

## Harmony: The Cornerstone of Civilised Coexistence

Harmony, in its truest essence, is the refined balance that enables diverse entities to coexist with mutual understanding and respect. It is not a passive state but an active, cultivated condition, sustained through conscious effort and a willingness to engage with differing perspectives. It calls for intellectual maturity, emotional intelligence, and a commitment to shared ideals that extend beyond personal interest. True harmony is not the absence of conflict but the presence of a framework through which disagreements are addressed constructively.

In British society, where a long-standing tradition intersects with the realities of multicultural dynamism, harmony is both an inheritance and a necessity. The country's institutions, parliamentary system, and commitment to the rule of law provide a stable foundation. Yet these structures alone cannot secure it; harmony must be fostered daily in schools, workplaces, neighbourhoods, and public debate. The nation's cultural richness depends on celebrating diversity without undermining unity.

Harmony supports social cohesion by building trust between communities. It moderates political discourse so that even the most forceful disagreements remain grounded in reason rather than hostility. In the cultural realm, it sustains plurality without erasing unique identities, allowing traditions to coexist and enrich one another. This is not achieved through enforced uniformity, but through respectful dialogue and the creation of spaces where all voices can be heard.

Philosophically, the concept draws on classical notions of order and proportion, from Aristotle's ethics to the ideals of the Renaissance. These traditions teach that a society prospers when its elements align towards the common good, much as a symphony achieves beauty through the measured relationship of its parts. In contemporary life, harmony is expressed through the balance between liberty and responsibility, and between dissent and the obligation to listen.

It is neither conformity, which suppresses individuality, nor a weak compromise, which risks diluting principle. Rather, it is the integration of difference into a coherent and dignified whole, where diversity is a strength, not a source of division. In a time of global uncertainty and rapid change, the pursuit of harmony is not an idealistic dream but a rational necessity.

For Britain, it is the condition that allows democracy to function effectively, communities to thrive, and individuals to flourish. Without it, social stability is fragile; with it, the moral and cultural fabric of the nation is fortified, enabling it to face the future with resilience and dignity.

**Prathiksha J**  
Vice Head Girl, PU I





# LEADERSHIP CORNER

## Time to move on

"Time to move on" is a phrase used to indicate that it's the right moment to leave behind a situation, mindset, or stage in life and begin something new. It can apply to many areas, such as personal, professional, and emotional. There are times when what used to be a thriving business or environment is no longer as alive as before. There was something great that you were once inspired to create. But now you no longer feel the same way as before. You no longer feel the inspiration that was there.

The truth is that it was good for that moment, but a new moment has come, and so it is time for a new thing. Something may have been great when it started and continued to be so for a certain period of time, but when the time comes, it dies out. Nothing goes out completely; it merely changes form. The effect of previous work experience will continue to be part of new work experience.

There is nothing that is wasted or in vain. Any work that was done at a time when it was inspired to be created would have its place in influencing the universal scheme of things in eternity, and everyone else that is connected to it.

God wants you to move on to the next experience that will be even better than the one before. Let go of the business that you no longer desire to be a part of. Let go of the old to make way for the new. Learn to let go of and you will always be abundant. If you are trying to keep something going when you are no longer inspired to do so, then you are trying to drive the process, rather than letting yourself be driven. Let things happen through you and choose to move forward rather than making things happen.

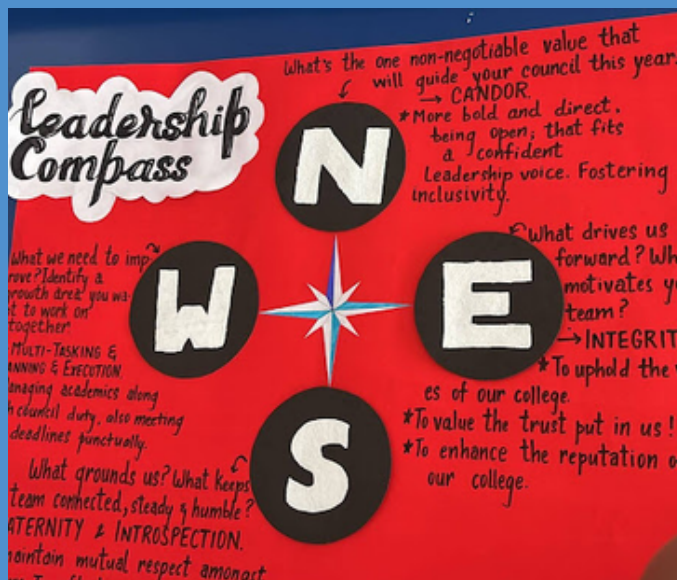
To the world, it may seem that you are leaving something half done, which is not the characteristic of someone successful. Letting go doesn't mean forgetting or denying the past; it means releasing the emotional charge associated with it. It's about accepting what happened and choosing to move forward.

Letting go leads to emotional healing, increased self-awareness, greater resilience and adaptability, and a sense of freedom and empowerment. Letting go is a journey, not a destination. It takes time, patience and self-compassion, but with each step we become lighter, freer, and more at peace.

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