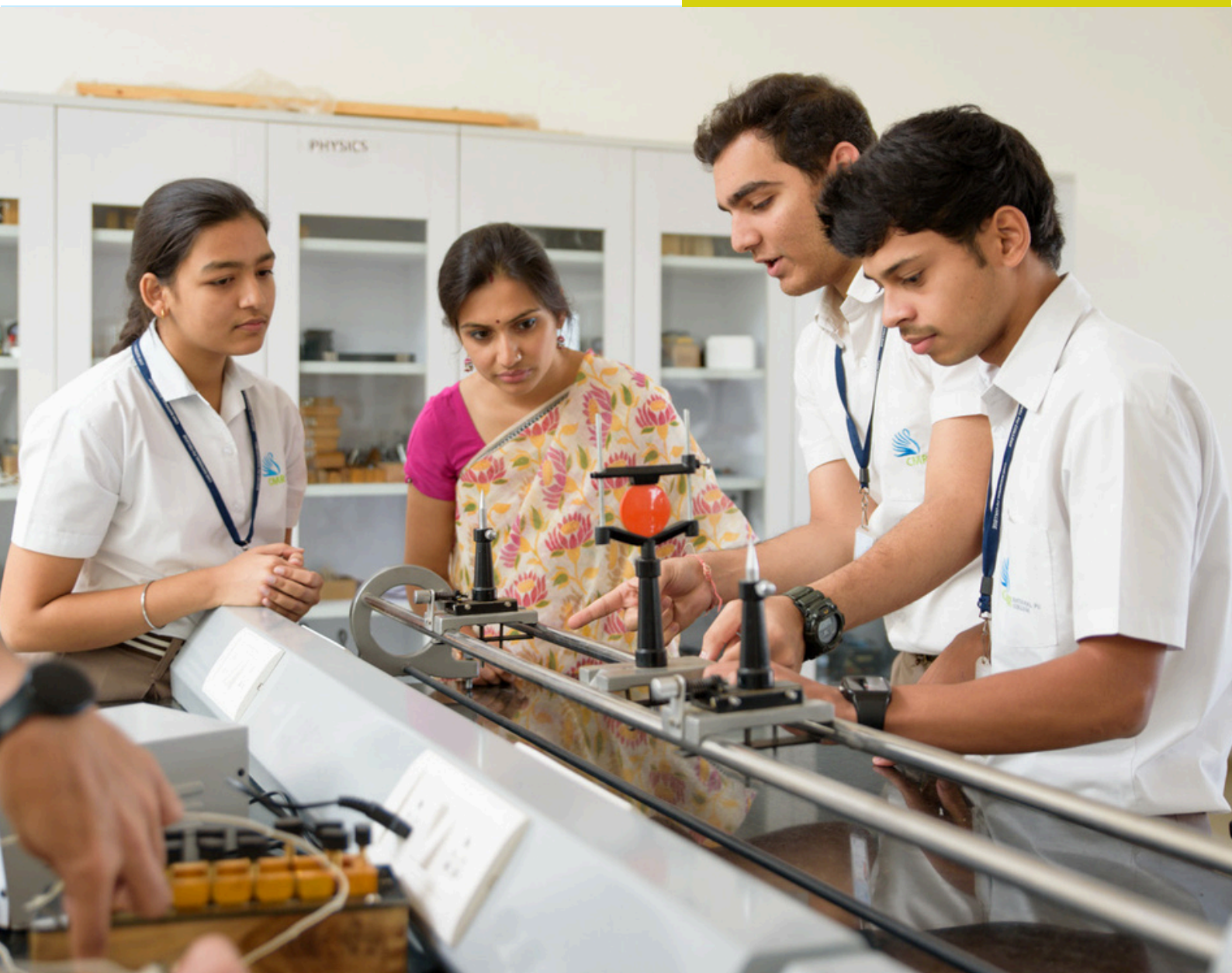




NATIONAL
P.U. COLLEGE
HRBR LAYOUT



**THE BULLETIN
2025**

CAMPUS HIGHLIGHTS



CMR T10: Cricket for a Cause – A Tournament with Heart

The CMR University Bagalur Campus came alive from 21st to 25th July 2025 as *CMR T10: Cricket for a Cause* brought together students, staff, and spirited teams for a tournament that was more than just a game. Organised by CMR National PU College, HRBR Layout, the event aimed to raise funds for a hospice that offers end-of-life care to terminally ill cancer patients.

All matches were professionally conducted with the support of KSCA-certified umpires, ensuring fairness and high standards throughout.

We were honoured to welcome Mr. Jagannath Reddy, Secretary, CMR Jnanadhara Trust, as Chief Guest, and Mr. H. M. Mallikarjuna Swami, Former Vice President, KSCA, as Guest of Honour. Their presence and inspiring words added immense value to the event. Each class is attended on scheduled days, enjoying exciting matches, food stalls, and peer-led activities. The Event Heads and Student Coordinators played a vital role in planning and execution, from logistics to hospitality.

Results

Under-16: Ekya ITPL | CMR NPS

Under-18: Reva United PU College | CMR National PU College, HRBR Layout



Interhouse Art Fest – A Celebration of Creativity

The Interhouse Art Fest at CMR National PU College, HRBR Layout, was a vibrant showcase of artistic expression and talent. Held as part of our co-curricular calendar, the event witnessed enthusiastic participation from all four houses – **Agni, Bhoomi, Jal, and Vayu** – across four categories: **Drawing & Painting, Sketching, and Digital Art.**

Each category provided students a platform to explore their imagination and bring their creative visions to life. From expressive pencil sketches to vivid watercolour paintings and innovative digital designs, the entries were both diverse and inspiring. The themes ranged from nature and culture to abstract and conceptual pieces, reflecting the students' depth of thought and technical skill.

The judging panel commended the originality, attention to detail, and composition of the artworks. The event not only encouraged healthy competition but also fostered a deeper appreciation for the arts within our student community. Congratulations to all participants and the winning houses! Your work truly added colour to our campus and spirit to the interhouse competition.

LEARNING BEYOND BOUNDARIES



Leadership Bootcamp at Ekya Nava: Building Future Leaders

On **9th July**, Ekya Nava hosted an inspiring **Leadership Bootcamp**, bringing together student leaders for a day dedicated to building skills, confidence, and a spirit of collaboration. The bootcamp focused on nurturing the qualities that define effective leadership—communication, decision-making, empathy, and resilience.

Through engaging workshops, team challenges, and thought-provoking discussions, students explored what it truly means to lead with purpose. Expert facilitators guided them through activities that tested their problem-solving abilities and encouraged them to think creatively and work cohesively.

One of the highlights was the peer-sharing circle, where students exchanged ideas, shared personal goals, and reflected on their own leadership journeys.

The energy at Ekya Nava was vibrant and focused—students left feeling inspired, motivated, and better equipped to take on responsibilities in their schools and communities. The bootcamp was not just a training session, but a meaningful step toward shaping tomorrow's leaders today.





Well-Being

July was dedicated to **Health and Wellness**, and the Well-Being Department engaged **PU students** in meaningful conversations around relationships, personal safety, and informed decision-making. The highlight was a comprehensive **Sex Education** session, designed to help students understand key concepts such as consent, healthy relationships, and how to recognise red flags in interpersonal dynamics. These discussions aimed to empower students with the knowledge and self-awareness needed to make responsible choices and navigate their personal lives with confidence and respect.

We also introduced students to the **POCSO Act** using age-appropriate language, ensuring they are aware of their rights, understand the importance of personal boundaries, and know how to seek help if needed. These sessions were handled with care, encouraging open dialogue while maintaining a safe and respectful environment.

In addition to student sessions, the Wellbeing team facilitated impactful workshops for teachers. One focused on **POCSO compliance**, helping staff stay aligned with child protection protocols, while another addressed sensitive but crucial topics such as **self-harm, body image, eating disorders, and teen relationships**. These sessions equipped teachers with practical strategies to support students effectively and empathetically.

As part of our ongoing commitment to professional growth, school counsellors also engaged in **Brief Solution-Focused Counselling** training—a student-centred approach that builds on strengths and promotes actionable change in a short time frame.

These initiatives reflect our continued effort to prioritise student well-being, ensuring that the PU community is supported, informed, and prepared to navigate the challenges of adolescence with clarity and confidence.

PROFESSIONAL DEVELOPMENT

We have been conducting a series of focused bootcamps for staff members on **leveraging AI tools** and exploring practical applications of AI in day-to-day workflows across roles. Our **Pre-University educators** participated in a **Professional Development Day** to upskill themselves on 'Student Engagement.' We conducted a three-day in-person [workshop and field immersion](#) for candidates of our Postgraduate Diploma in **Early Childhood Education**. Held at the **CMR University City Campus**, the experience combined hands-on learning, peer collaboration, and real-world application of theory.

We have officially opened applications for the [ReThink Educator Certification Program](#), a three-month virtual learning journey designed for aspiring and in-service educators to deepen their understanding of progressive education practices.



STUDENT EDGE

A Day at Karunashraya: Learning Compassion in the Quietest Way

A few days ago, I had the opportunity to visit **Karunashraya**, a hospice for terminally ill cancer patients in Bangalore. The visit was part of our college's **Service Learning Program (SLP)** — we went to donate the funds we had raised for them last year and to volunteer our time. Along with other members of the Student Council, I stepped into the hospice not quite knowing what to expect, but determined to keep an open mind.

Karunashraya means “**Abode of Compassion**,” and from the moment I entered, I could feel why. The atmosphere was calm, quiet, and peaceful. Tall trees shaded the grounds, and soft light filtered through the leaves. It didn't feel like a hospital at all. It felt like a place where people are allowed to just be — to rest, to breathe, and to be cared for in their final days.

As I walked around, I saw patients lying in beds — some sleeping, some awake, some simply staring into the distance. It was emotional. Many of them are in pain, nearing the end of their lives. And yet, the space didn't feel sad in the way I imagined. There was dignity in every corner — in the way the nurses spoke, in the silence of the corridors, in the gentle way the staff moved around.

I felt helpless at first and wasn't sure what I could do. But then someone suggested I help in the kitchen. They needed volunteers to assist with daily meal prep. So I joined the team — and ended up cutting vegetables for the very first time in my life.

It sounds like such a small thing — just chopping carrots and beans — but at that moment, it felt meaningful. Every piece I cut was going to become part of someone's meal. It was going to feed a patient, a caregiver, or a nurse. And suddenly, something so ordinary felt like a small act of love.

While I stood there, slicing slowly and carefully, I thought about how many things we take for granted. The ability to eat, to walk, to breathe without pain. The joy of doing something simple with our hands. I also realized that compassion isn't always about doing something big. Sometimes, it's just about showing up and being willing to help — even in small ways.

Leaving Karunashraya, I felt changed. I had only spent a few hours there, but the experience left a deep mark on me. It reminded me of the importance of kindness, presence, and simplicity. We rush through so much in life, but places like Karunashraya slow everything down — and help us see what really matters. I hope to return soon and volunteer again. Even if all I do is cut vegetables, I'll know I'm part of something bigger — something rooted in care, in love, and in quiet strength.

If you ever get the chance, I highly recommend visiting Karunashraya. You'll leave with a new perspective, and maybe even a deeper sense of what it means to be human.

Ms. Natasha Khan
Head Girl, PU HRBR



LEADERSHIP CORNER

A Global Language of Connection

In today's globalised world, learning a new language is more than an academic choice—it's an opportunity. Among the many languages taught in schools, French stands out as one of the most valuable and versatile. French is spoken by over 300 million people in more than 50 countries across five continents. It is the second most learned foreign language after English, and one of the official languages of major international organisations such as the United Nations, UNESCO, and the European Union. French is not just a means of communication—it's a passport to culture, careers, and international experiences. From fashion houses in Paris and art museums like the Louvre, to French cinema, literature, music, and cuisine, the language brings you closer to the soul of a country known for its creativity and elegance.

A Legacy of Influence: Historically, French culture has had a unique relationship with India for centuries. Cities like Pondicherry, Karaikal, Mahé, Yanam, and Chandannagar still carry a strong French architectural and cultural legacy. From art and literature to food and fashion, France has left a timeless imprint on Indian society. Understanding French allows students to engage with this heritage in a deeper and more meaningful way.

French around us-How French Shaped the English Language: Over 30% of English vocabulary comes from French. So if you speak English, you already speak *un peu de français!* (a little French!). Here are a few words you use in everyday conversations to show that French has had a powerful and lasting influence on the English language:

- Food: menu, restaurant, cuisine, omelette, dessert, café
- Law and Government: court, judge, justice, parliament, jury
- Fashion: boutique, couture, chic, mannequin, ensemble, décor
- Art and Culture: ballet, genre, portrait, collage, étiquette
- Everyday expressions: déjà vu, fiancé, résumé, cliché, faux pas, en route, souvenir

Even polite phrases like **"excuse me"** (excusez-moi), **"pardon"**, and R.S.V.P (répondez s'il vous plaît) have French origins.

Opportunities for Indian Students: The French government and Institutions like Campus France and Alliance Française actively support Indian students to apply to top French universities and access internships, cultural exchanges, professional training programs, international certifications, and scholarships for students. Indian students studying in France often pursue degrees in fields like engineering, business, design, art, and hospitality—all taught in either French or English. Even within India, there are opportunities in translation, diplomacy, fashion, hospitality, teaching, and international relations. **My perspective:** Over the years, I've seen how learning French inspires students to think globally, appreciate diversity, and grow in confidence. Some students begin shy, unsure of their abilities, but soon they're holding conversations in another language, watching French films, or even planning studies abroad. They begin to see the world not as something far away, but as something they are a part of. Et voilà! So the next time you say "Bonjour" or "Merci", remember—you're not just learning a language, you're opening the door to a new world!

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