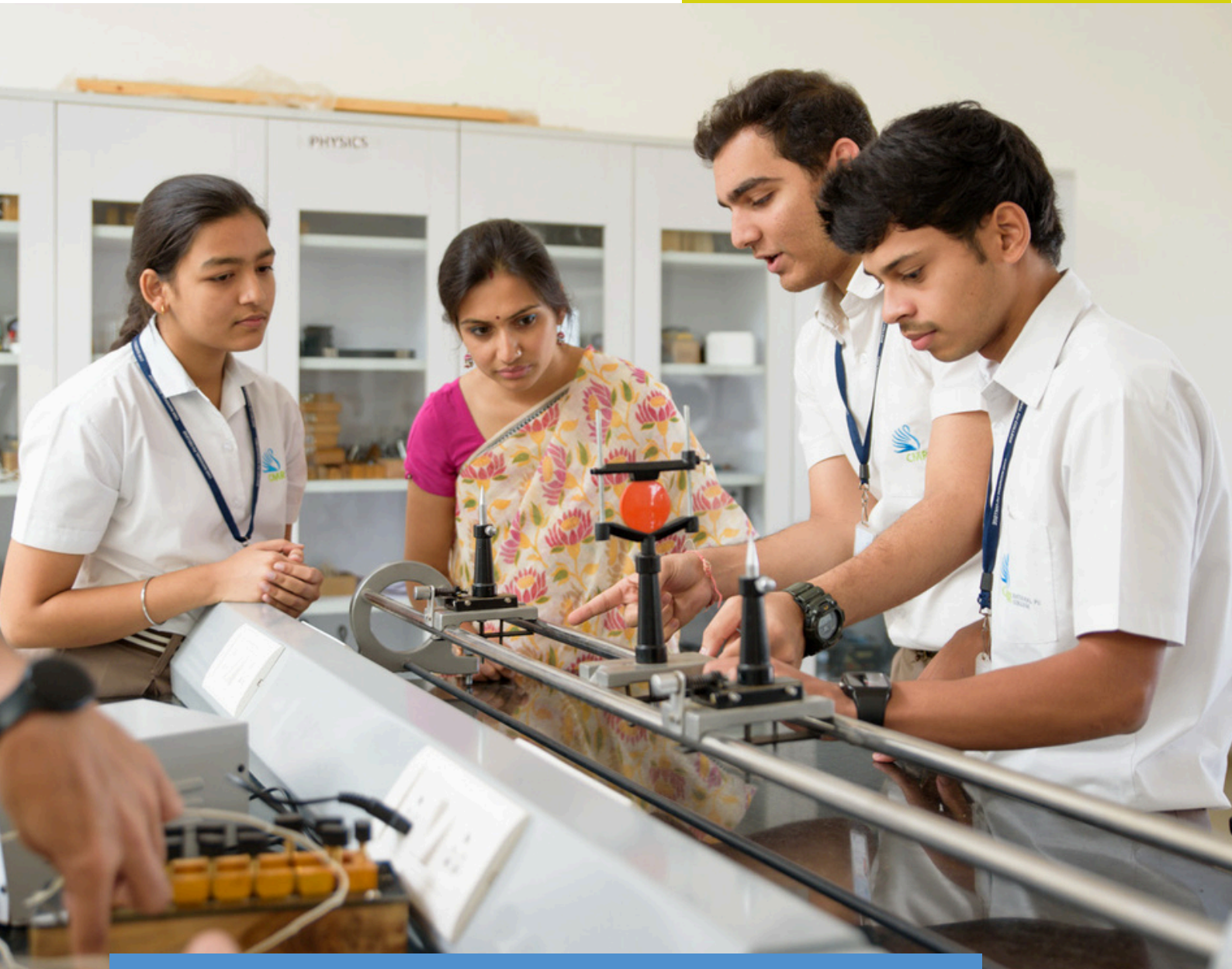




NATIONAL  
P.U. COLLEGE  
BYRATHI



**THE BULLETIN  
2025**





# PROFESSIONAL DEVELOPMENT

The Professional Development team conducted the Academic Orientation for all the teachers of Ekya and CMR K-12. The Orientation is an annual flagship training held in May, aimed at welcoming newly recruited educators, providing a deeper understanding of Ekya's culture and curriculum, and addressing classroom challenges faced by our existing educators in the previous academic year. It is designed to cater to the diverse learning needs of educators across various blocks and learning areas.

As for our external programmes, we have charted a series of virtual [workshops](#) under the banner '**Back to School Bundle**', scheduled from May 29 to May 31, 2025. The bundle consists of three sessions: **Build Your Classroom Culture Blueprint**, **Designing the First 10 Days of School**, and **Classroom Management: Best Practices Action Plan**.

Our [Post-graduate Diploma in Early Childhood Education](#) is also in full swing, and we are currently in the fifth module.





# LEARNING BEYOND THE CLASSROOM

## WRAP AROUND PROGRAMS – ENRICHING AFTER-SCHOOL LEARNING

As the school year begins, we're excited to launch our Wrap Around Programs—our curated set of after-school activities designed to nurture creativity, build skills, and spark new interests in students beyond the classroom. Starting at the end of June and continuing through March, these programs give students a chance to explore areas such as art, music, dance, theatre, public speaking, cubing, chess, sports, and more. Each session is led by passionate experts and crafted to provide joyful learning, build confidence, and encourage meaningful engagement after school hours.

We look forward to seeing students discover new passions and grow through these enriching experiences!

### Well-Being

#### Laying the Foundation: Counsellor Orientation & Annual Planning

The month of May was dedicated to equipping our Student **Wellbeing Counsellors** for a purposeful and impactful academic year. We kicked off with a comprehensive Counsellor Orientation, where our team came together to align on shared goals, deepen their understanding of our well-being framework, and prepare for the year ahead. During this time, we also engaged in detailed annual planning, ensuring that our initiatives are meaningful, proactive, and responsive to student needs across all campuses.

#### Welcome Back, 2nd PU!

We were delighted to welcome our 2nd PU students back on campus this May. To start the term on a positive note, we conducted a brief but meaningful well-being orientation session. In this session, we revisited the importance of prioritising mental and emotional health, especially in a critical academic year like this one.

Students were introduced to the well-being resources available on campus, including our in-house counsellors, and were encouraged to seek support whenever needed. We also discussed simple strategies to manage stress, stay grounded, and maintain a healthy balance between academic goals and personal wellbeing.

#### Coming Up in June: Anti-Bullying Campaign

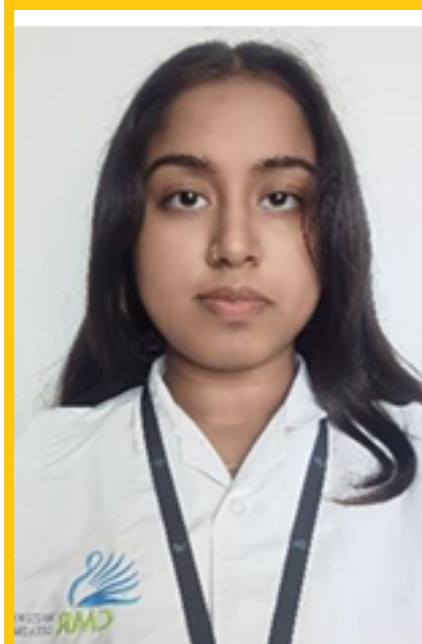
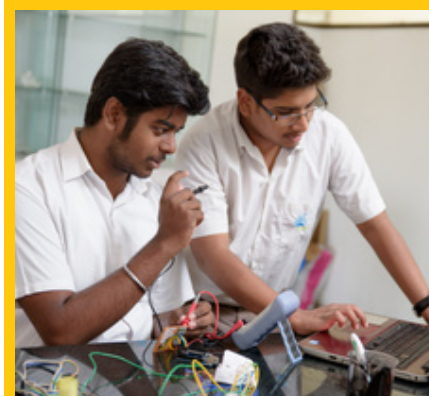
Looking ahead, we're excited to launch our **Anti-Bullying Campaign** in June, aimed at fostering a safe and respectful environment for all. The campaign will include targeted sessions and activities for both students and teachers, focusing on awareness, prevention, and positive community building.



# STUDENT EDGE

## State of Confusion in 12th grade

This is the situation faced by the majority of the 12th graders. Everyone tells us that this is the major turning point in our lives, take right decisions, your mistakes might not be forgiven, a lot of responsibilities on us, no turning back after this point, this step takes us to our near future and lot more that puts us all into a big CONFUSION. A lot of academic pressure, parent and peer pressure, stress, career choices and uncertainty in the future plans. Most of us start with a big confusion of what to do next? Take a gap year? Degree? Engineering? Which field? How will that benefit? Right? Wrong? Regret after making decisions? Which college do we join? What job do we choose on interest or on income basis? And a lot more. Being in 12th grade already puts us into academic pressure because ultimately this is the year we are going to give the board exams, entrance exams, too many assignments, a lot of things to remember, develop better academic goals, etc.. This puts us all under pressure and stress which makes it difficult for us to focus. Another big factor that affects us is the expectations of parents and teachers, the thought of us not being able to achieve the expected results stresses us out too. We also start comparing ourselves to our peer group, us being below them or not able to reach the highest of all, puts our confidence down. Now, after all this we students face anxiety, we zone out very frequently, feel lost, feel anxious about everything that's happening, get distracted easily and feel very unmotivated. We finally feel that we are disappointing everyone around us. We lack the right support, encouragement, help and guidance at this moment.



**Rakhi Kumari**  
2nd PUC Science PCMB



# LEADERSHIP CORNER

## Master Your Money Early

Financial literacy means understanding how money works—how to earn it, save it, spend it wisely, and grow it. Sounds simple? It is... if you start earlier

### Step 1: Know Where Your Money Goes

Track your spending for a week. Whether it's ₹30 for samosas or ₹500 for a new phone case, write it down. You'll be surprised how fast money flies when you're not watching.

**Tip:** Use a simple notebook or apps like Walnut or Money Manager.

### Step 2: Budget Like a Boss

Budgeting isn't boring—it's freedom! Decide how much to spend on essentials (like transport), fun (like movies), and savings. Invest wisely and spend wisely.

#### Try the 50-30-20 rule:

50% on needs

30% on wants

20% into savings

Even if it's just ₹100 a month saved, that's your first step toward wealth!

### Step 3: Start a Savings Habit

Open a student savings account. Save pocket money, gift money, or part-time income. Saving now builds your financial discipline, which is more powerful than any app or credit card.

**Fun challenge:** Start a "no-spend" weekend once a month and save that money instead.

### Step 4: Beware of the 'Buy Now' Trap

Online shopping and "buy now, pay later" offers are tempting—but they can lead to debt. Think twice before impulse-buying that trendy item. Ask yourself: Do I want it or need it?

### Step 5: Learn About Investing (Yes, Already!)

No, you don't need to start investing right now, but start learning about it. Terms like mutual funds, stocks, compound interest—they're not just for adults.

Did you know? If you invest ₹500/month from age 18, you could become a crorepati by 50! That's the magic of compound interest.

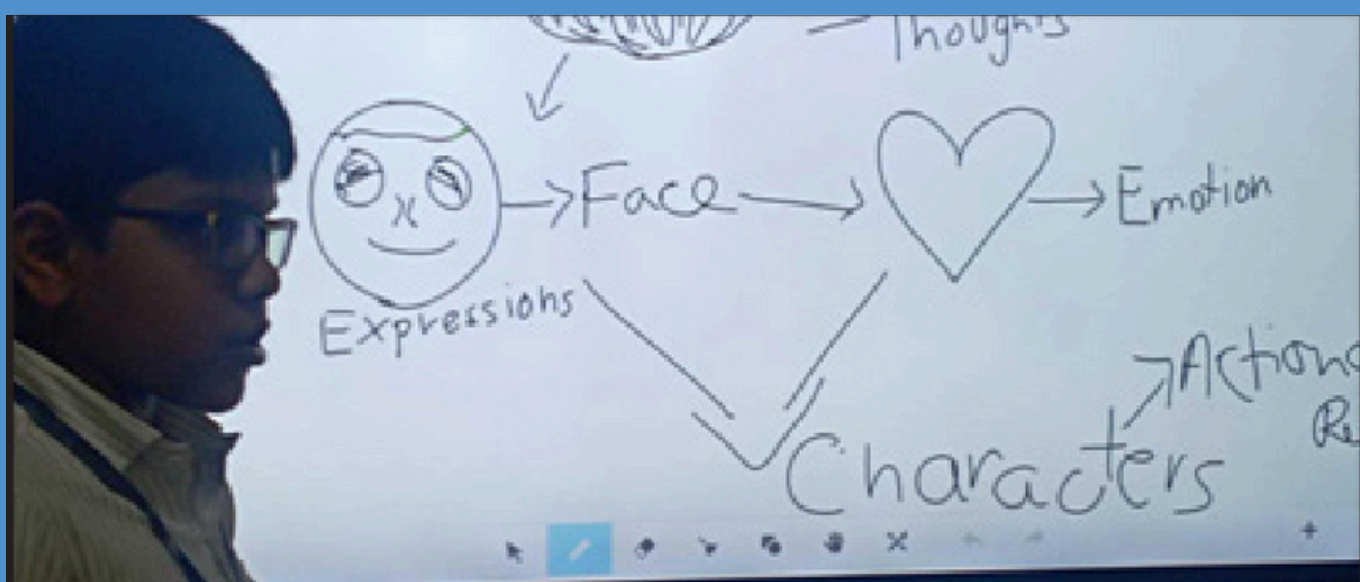
### Real Talk

Financial literacy isn't taught enough in schools, but it's something that affects your entire life. Whether you're planning to become a doctor, artist, or entrepreneur—money will be part of your journey.

**Closing Thought:** The earlier you learn about money, the more control you'll have over your future. So don't wait until you're "older"—start today, start small, and stay smart.



**SHIVAKUMAR R**  
CMR NPUC Byrathi



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