



NATIONAL  
PU COLLEGE  
BYRATHI



**THE BULLETIN  
2025**



# CAMPUS HIGHLIGHTS



## Graduation Day

CMR NPUC Byrathi celebrated its first **Graduation Day** on February 1, 2025. The students, dressed impeccably in formal attire, managed to look uniform while still showcasing their unique identities. Parents beamed with pride at their children's accomplishments and successes. It was a day brimming with joy, memories, and future promises.

The ceremony included inspiring speeches from faculty members and graduating batch members, encouraging the graduates to chase their dreams and make a positive impact on the world. The atmosphere was filled with a sense of accomplishment, camaraderie, and excitement for what lies ahead.

The faculty read out the students' aspirations of pursuing further studies, dedicating themselves to lifelong learning, and making meaningful contributions to their chosen fields. The graduates stood together, reciting their pledges with conviction and unity during the Oath taking ceremony.

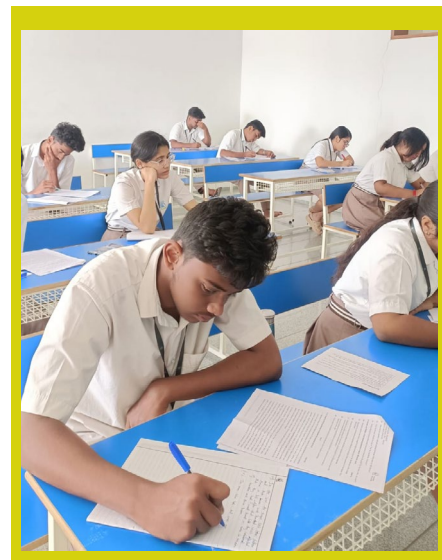
As the function came to a close, students, parents, and teachers alike cherished the moment, knowing that this milestone would be remembered for years to come.





## PUC Final Exam

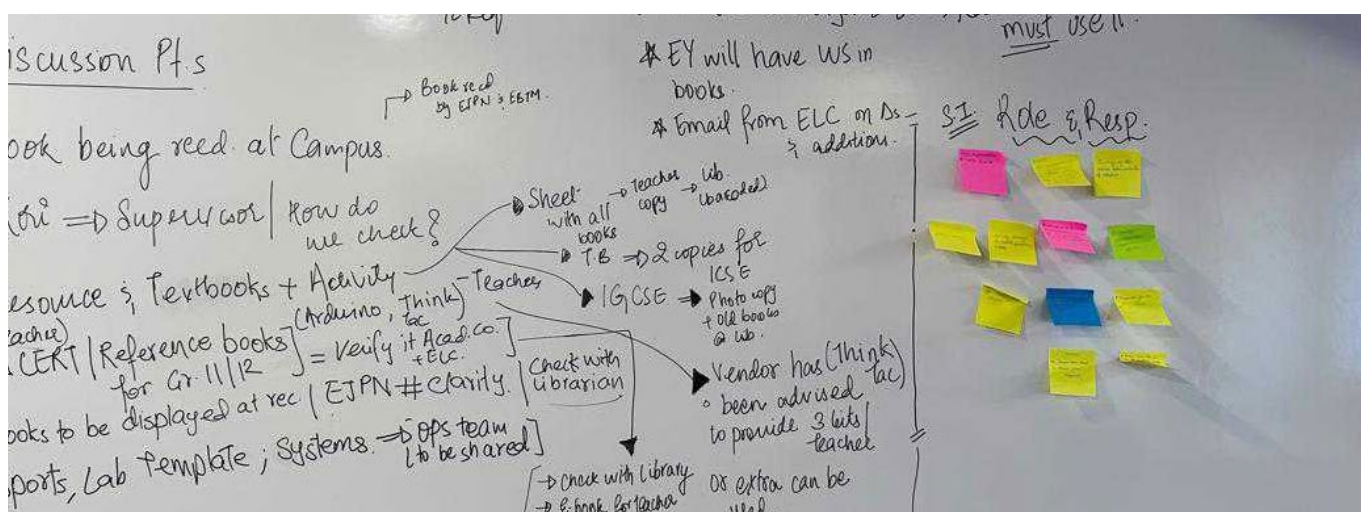
In the weeks leading up to their final exams, students immersed themselves in a rigorous routine of preparation - spending countless hours over textbooks and notes. Teachers helping the students to prepare - key concept points, important details, revision classes and above all moral support. Amidst the flurry of activity, there was a palpable mix of determination and apprehension. Students juggled their time between revision, practice tests, and remedial sessions, striving to reinforce their understanding and fill any gaps in their knowledge. Despite the stress, there was a sense of camaraderie and mutual support, as they cheered each other on and shared in the collective goal of acing their exams.





# PROFESSIONAL DEVELOPMENT

- The Professional Development team met new teachers who have joined our ecosystem and facilitated a Pre-Service training program.
- We also had a one-day training program for the Assistant Managers across campuses.
- We then had a Culture session on Building Aware, Compassionate and Engaged Teams for our central office team members.
- We offered two workshops on **Cultivating Curiosity: Inquiry-Based Learning for Young Minds** and **SEL in the Early Years: Nurturing Empathy and Emotional Intelligence**.



# STUDENT EDGE

## Navigating Exam Season: A Rollercoaster of Emotions

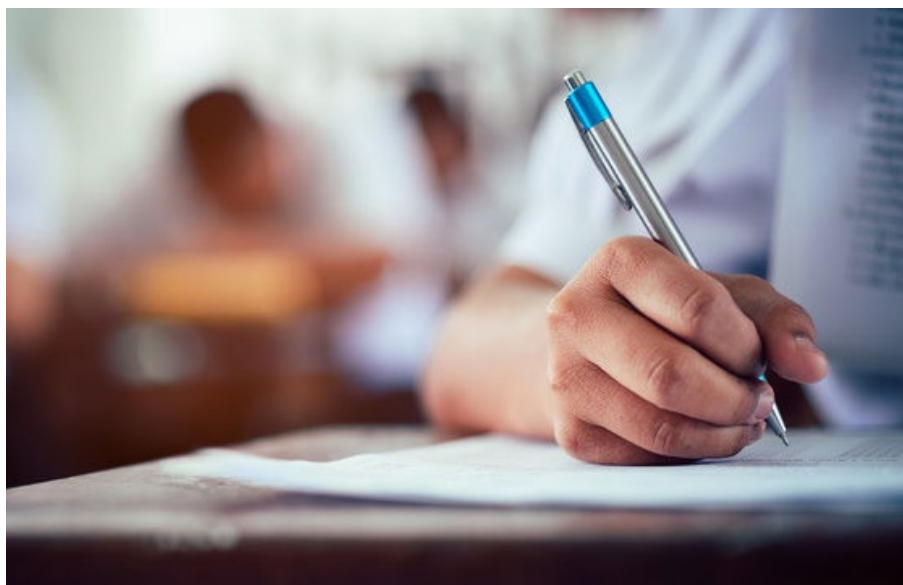
As I sit here, surrounded by my textbooks and notes, I can't help but feel a whirlwind of emotions. Exam season is upon us, and with it comes a mixed bag of anxiety, stress, and a bit of apprehension. But amidst all this chaos, there's also a sense of hope and determination to push through and come out stronger on the other side.

### The Anxiety and Stress

Let's be real – the anxiety and stress are real. It's like a constant buzzing in the back of my mind, reminding me of all the things I need to study and the deadlines I need to meet. Every time I think about the exam dates getting closer, my heart races a little faster. The pressure to perform well and meet expectations, both my own and those of others, can sometimes feel overwhelming.

### Remediation and Revision

One of the key strategies I've adopted to tackle this anxiety is focused remediation and revision. I've created a study schedule that breaks down my subjects into manageable chunks, allowing me to focus on one topic at a time. This way, I can identify my weak areas and spend extra time on them. I've also found it helpful to use a variety of study materials, such as online resources, practice tests, and group study sessions, to reinforce my understanding.





### Looking Forward with Determination

Despite the stress and anxiety, I try to keep my eyes on the prize. I remind myself of the bigger picture – why I'm putting in all this effort in the first place - simply the satisfaction of achieving my goals, keeping my future aspirations in mind helps me stay motivated. It's this determination that drives me to keep going, even when the going gets tough.

### Apprehension and Hope

Of course, there's always a bit of apprehension as exam day approaches. What if I forget everything I've studied? What if I don't perform as well as I hoped? These questions linger in my mind, but I try to counter them with positive affirmations and a realistic perspective. I remind myself that I've put in the work, and I've done my best to prepare. At the end of the day, that's all I can ask of myself.

### Conclusion

Navigating exam season is no easy feat, but it's a journey that teaches us resilience and perseverance. It's a rollercoaster of emotions, but it's also an opportunity to learn and grow. So, to all my fellow students out there, let's take a deep breath, trust in our preparation, and face these exams head-on. We've got this!



**AGNEL JOHN**  
2PUC PCMC

# LEADERSHIP CORNER

## A Teacher's Journey: Closing the Academic Year

As I sit at my desk, surrounded by piles of papers to grade and new plans to finalise, I can't help but reflect on the journey this academic year has been. The end of the year is always a bittersweet time, filled with a mix of emotions – living the exam stress alongside my students, ensuring they're well-prepared, and battling my own anxiety about saying goodbye to a wonderful group of young minds.

### Living the Exam Stress with My Students

Exam season is as nerve-wracking for me as it is for my students. I feel their anxiety and stress, and it's my responsibility to guide them through it. We've spent countless hours in revision classes, going over key concepts and addressing their doubts. Each question they ask, every **"I don't understand"** moment, is an opportunity for me to help them grasp the material and boost their confidence.

### Remediation and Revision Classes

Remediation work has been an integral part of our preparation. Identifying the areas where students struggle and providing targeted support has been our focus. Whether it's extra practice sessions, one-on-one tutoring, or group discussions, we've tried to ensure that every student feels equipped to tackle their exams. Revision classes have been intense, but seeing their **"aha"** moments makes it all worthwhile.

### Keeping Students' Morale High

In the midst of all the exam preparation, it's crucial to keep our students' morale high. I've tried to create a positive and encouraging environment in the classroom. Celebrating small victories, sharing motivational stories, and reminding them of their progress has been my way of boosting their spirits. I want them to know that we believe in them and their ability to succeed.



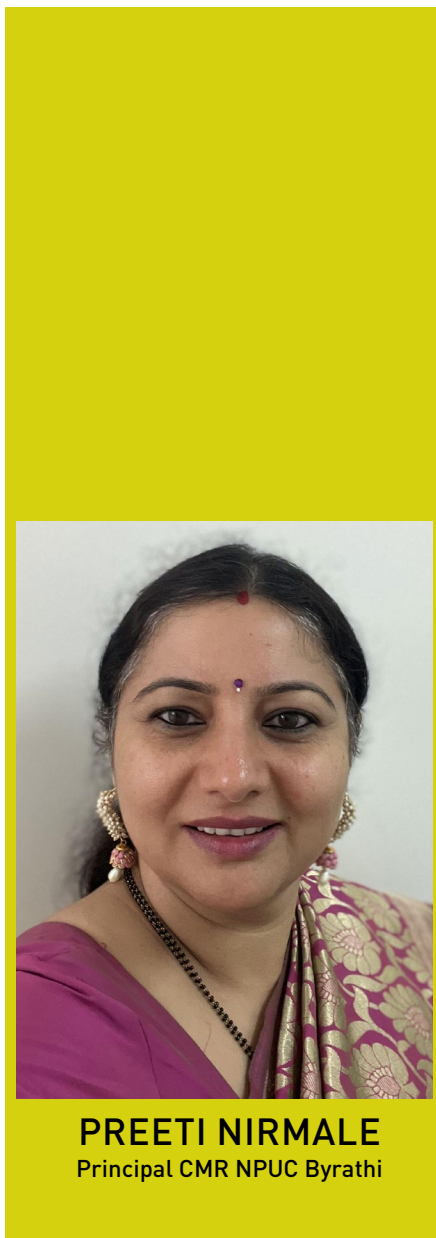
### **Battling My Own Anxiety**

As much as I try to be a pillar of strength for my students, I can't deny my own anxiety about the end of the year. Saying goodbye to students I've grown fond of is always tough. Each year, I form bonds with my students, and it's hard to let go. I find myself reminiscing about the past year – the challenges we've overcome, the laughter we've shared, and the growth I've witnessed in each of them.

### **Looking Forward to a New Batch of Students**

While it's difficult to say goodbye, there's also a sense of anticipation for the new batch of students I'll meet next year. Each new group brings fresh energy and unique perspectives, and I'm excited about the opportunities to learn and grow with them. As I prepare for the end of this academic year, I remind myself that teaching is a journey, and each group of students adds to the richness of that journey.

As I navigate the final weeks of the academic year, I cherish the moments I've shared with my students and look forward to the future with hope and excitement. Teaching is not just about imparting knowledge; it's about building relationships, fostering growth, and creating memories. To my current and future students – thank you for being a part of this incredible journey. Let's make the most of the time we have left and look ahead to the new adventures that await.







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