



NATIONAL
P.U. COLLEGE
BYRATHI

THE BULLETIN

2024



CAMPUS HIGHLIGHTS

Children's Day Celebration

Children's Day is a joyous occasion celebrated to honor and cherish the innocence, enthusiasm, and boundless potential of children. PU Byrathi organised fun-filled activities and games - the teachers played a parody- enacting a few incidents from the classroom. The afternoon was filled with fun, joy and laughter of students enjoying games



Ethnic Day Celebrations

CMR PU Byrathi celebrated Ethnic Day with great enthusiasm and joy. The event brought together students and teachers from various cultural backgrounds to proudly showcase their rich heritage. We celebrated this diversity as the students wore their traditional attire, participated in cultural activities and fun games and finally dancing and grooving to lively music. This celebration fosters a sense of pride and belonging and promotes mutual respect and understanding among students. It serves as a reminder that our differences are our strength





CAMPUS HIGHLIGHTS

Midterm Exam

October- November was a month filled with holidays and examinations for our students. Writing exams is a crucial part of their educational journey, providing an opportunity to showcase their knowledge, critical thinking, and problem-solving skills within time constraints. Exams also help identify areas where students excel and those needing additional support, guiding both teachers and students in tailoring learning strategies. The preparation process fosters discipline, time management, and a strong work ethic. Exams are more than just a test of memory, they offer a comprehensive measure of a student's academic progress and potential.



November also witnessed the inter-house Badminton matches and participation in the inter-collegiate fest Cygnet

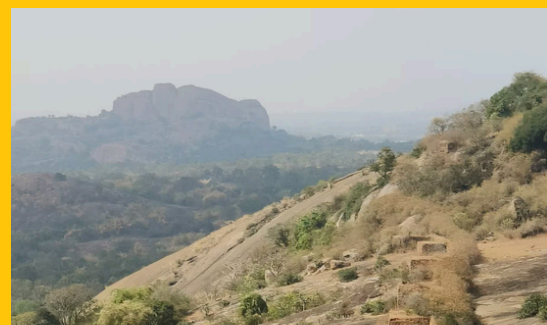




LEARNING BEYOND THE CLASSROOM

Outbounds : Winter Trek Chapter

Our CMR NPU students will gear up for an unforgettable day as they will head to Siddarabetta for a thrilling trekking adventure! Located about 60 km from Bengaluru, the scenic route to Kanakapura will start early in the morning. After a hearty breakfast at the resort, they'll set off on the easy, 3-4 km trek to Siddarabetta's peak, taking in breathtaking views along the way. Halfway up, students will take a break to enjoy the scenery before reaching the 4022 ft summit, where we'll explore, relax, and capture the incredible views.



After descending, students will return to the resort for lunch, followed by an afternoon packed with exciting indoor and outdoor games. From the Burma Loop and Bamboo Tree Surfing to archery and rock climbing, there's something for every adventurer! As the sun sets, we'll unwind with tea and snacks, soaking in the beauty of the day before heading back to Bengaluru. It's going to be a day full of exploration, fun, and memories!



Wellbeing Initiatives

This month's theme centered on gender sensitization, with a particular focus on addressing stereotypes and biases among senior students. The sessions aimed to foster acceptance and inclusivity by encouraging open discussions about gender roles and expectations. Students engaged in activities that challenged traditional stereotypes, promoting empathy and understanding towards diverse perspectives.

Similarly, a dedicated session was conducted for teachers, emphasizing the importance of modeling inclusive practices in the classroom. This professional development opportunity equipped educators with strategies to create a supportive environment, where all students feel valued and respected, thereby reinforcing the month's overarching goal of promoting gender equity within the school community.



Work Exposure Program

We're excited to kick off this year's Work Exposure Program, designed to give our senior students a head start in building their professional skills! The journey begins with a resume-building session, where students will learn the art of crafting a standout resume that highlights their strengths and achievements. This session will set the foundation for a meaningful internship experience, equipping students to make a lasting impression in any opportunity that comes their way. Get ready to dive in, develop essential skills, and prepare for an unforgettable summer of growth and learning!





Advantages of NVC in Coaching


 Promotes Empathy and Trust

 Encourages Honest, Open Communication

 Focuses on Observations Over Interpretations

 Supports Positive Behavioral Change

 Facilitates Self-Reflection and Ownership

 Adaptable to Various Situations


3 mins

PROFESSIONAL DEVELOPMENT

November was buzzing with activity across our campuses. We started off the month with our annual flagship event FIND Festival 2024. Ekya PDI conducted a training session for all our academic and CCA coordinators on 'Cognitive Coaching'. Our Pre-University educators had a Professional Development Day where they attended training sessions on 'Building Positive Classroom Culture' and 'Correcting with Compassion'. As part of our external programs, we continue our ongoing commitment to providing learning opportunities for educators, school leaders, and systems.



This month, we have opened applications for our [ReThink Educator Certification Program](#). It is a three-month virtual program for aspiring and in-service educators. We also conducted two free workshops - [Reimagining Tomorrow's Classroom](#) and [Neuroscience of Learning](#).



STUDENT EDGE

Let's invest in our own self

In the hustle and bustle of daily life, we often forget to prioritize ourselves. We get so caught up in academics, assignments, exams, friends, and social media that we have no time or interest or inclination to consider our own well-being. But here's a truth and one which will have a deep impact – investing in ourselves is one of the most valuable and rewarding commitments we can make.

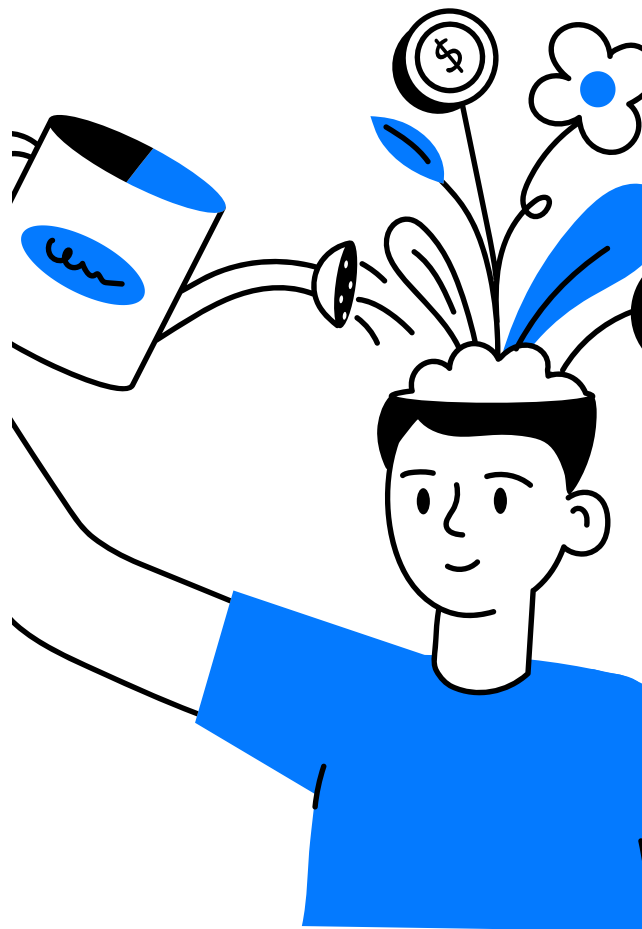
The Importance of Self-Investment

Investing in ourselves isn't just about academic growth, it's about dedicating time, effort, and resources to our personal and academic growth. It's about nurturing our minds and bodies. It's also about willingness to learn and understand. When we invest in ourselves, we are better equipped to contribute to others and our community.

Ways to Invest in Ourselves:

- **Continuous Learning:** Will keep our mind sharp and broaden our horizons.
- **Health and Wellness:** Our bodies are our most important assets. Physical fitness is a non-negotiable asset.. Practice mindfulness and engage in activities we love can help manage stress and maintain a positive mindset.
- **Building Relationships:** It's the right time we start to invest in our relationships by spending quality time with loved ones, and build new connections.
- **Financial Literacy:** Learning to understand finances effectively is crucial.
- **Personal Development:** This includes setting personal goals, developing new skills, and improving existing ones. It's about becoming the best version of ourselves and striving for continuous improvement.

Let's make a commitment to ourselves. Let's carve out time for self-investment, prioritize our growth, and nurture our well-being. By investing in ourselves, we not only enhance our lives but also create a positive ripple effect on those around us. Remember, the best investment you can make is in yourself. So let's start today, and watch as our lives transform into something truly remarkable.



Prasad

Grade 1 PUC, CMR NPUC Byrathi

TEACHER BLOG

ಶೀರ್ಷಿಕೆ: ಕನ್ನಡ ಭಾಷಾ ಬೋಧನೆಯಲ್ಲಿ ಶಿಸ್ತಿನೊಂದಿಗೆ ಸ್ನೇಹಪೂರ್ಣ ಹಾದಿ

ಪರಿಚಯ

ಕನ್ನಡ ಭಾಷಾ ಶಿಕ್ಷಣವು ನಮ್ಮ ಸಂಸ್ಕೃತಿಯ, ಇತಿಹಾಸದ ಮತ್ತು ಪರಂಪರೆಯ ಒಡನಾಟವನ್ನು ಉಳಿಸುವ ಪ್ರಮುಖ ಆಯಾಮವಾಗಿದೆ. ಕನ್ನಡ ನಾಡಿನ ಜನರಿಗೆ ತಾಯ್ನುಡಿ ಕನ್ನಡ, ಸ್ಥಳೀಯ ತಳಿ, ಸಂಸ್ಕೃತಿಗಳ ಪರಿಚಯವನ್ನು ನೀಡುತ್ತದೆ. ಈ ಭಾಷೆಯ ಮೂಲಕ ವಿದ್ಯಾರ್ಥಿಗಳು ಕೇವಲ ಪಠ್ಯಶಿಕ್ಷಣವನ್ನಷ್ಟೇ ಪಡೆಯುವುದಿಲ್ಲ, ಇದು ಅವರಲ್ಲಿ ಭಾಷೆಯ ಮೇಲಿನ ಗೌರವವನ್ನೂ ಪ್ರೋತ್ಸಾಹಿಸುತ್ತದೆ ಮತ್ತು ಸ್ಥಳೀಯ ಆನಂದದ ಹಾಸುಹೊಕ್ಕಾಗುವ ಪರಿಚಯವನ್ನೂ ನೀಡುತ್ತದೆ.

ಶಿಕ್ಷಕರ ದ್ವಿತೀಯ ಪಾತ್ರವು ಮಾರ್ಗದರ್ಶಕ (Mentor) ಹಾಗೂ ಶಿಸ್ತಿನ ನಿರ್ವಹಣೆ (Disciplinarian) ಆಗಿರುತ್ತದೆ.

- **ಮಾರ್ಗದರ್ಶಕ (Mentor):** ಶಿಕ್ಷಣದ ಬುನಾದಿಯಾಗಿರುವ ಮಾರ್ಗದರ್ಶನ, ವಿದ್ಯಾರ್ಥಿಗಳನ್ನು ಜೀವನದ ವಿವಿಧ ಹಂತಗಳಲ್ಲಿ ಬೆಳೆಸಲು ಸಹಾಯಮಾಡುತ್ತದೆ. ಮಾರ್ಗದರ್ಶಕನಾಗಿ ಶಿಕ್ಷಕರು ವಿದ್ಯಾರ್ಥಿಗಳ ಶೈಕ್ಷಣಿಕ, ನೈತಿಕ ಮತ್ತು ಮಾನಸಿಕ ಬೆಳವಣಿಗೆಗೆ ಮಾರ್ಗದರ್ಶನ ನೀಡುತ್ತಾರೆ. ಇವರ ಸಹಾಯದಿಂದ ವಿದ್ಯಾರ್ಥಿಗಳು ತಮ್ಮ ಗುರಿಗಳನ್ನು ಸಾಧಿಸಲು ಸ್ಪಷ್ಟ ದಿಕ್ಕುಗಳನ್ನು ಹೊಂದುತ್ತಾರೆ ಮತ್ತು ಆತ್ಮವಿಶ್ವಾಸವನ್ನು ಬೆಳೆಸುತ್ತಾರೆ.
- **ಶಿಸ್ತಿನ ನಿರ್ವಹಣೆ (Disciplinarian):** ಶಿಸ್ತಿನ ನಿರ್ವಹಣೆಯ ಪಾತ್ರವು ವಿದ್ಯಾರ್ಥಿಗಳಲ್ಲಿ ಕಾನೂನುಬದ್ಧತೆಯನ್ನು ಮತ್ತು ಜವಾಬ್ದಾರಿಯನ್ನು ಬೆಳೆಸುವಲ್ಲಿ ಮುಖ್ಯವಾಗಿದೆ. ಇದರಿಂದ ವಿದ್ಯಾರ್ಥಿಗಳಲ್ಲಿ ಕ್ರಮ, ಪ್ರಾಮಾಣಿಕತೆ, ಸಮಯಪಾಲನೆ ಹಾಗೂ ಜವಾಬ್ದಾರಿತ್ವವು ಬೆಳೆಸಲಾಗುತ್ತದೆ. ಶಿಕ್ಷಕರು ಸ್ವತಃ ಶಿಸ್ತಿನ ಮಾದರಿಯಾಗಿ ನಿಲ್ಲುವುದರ ಮೂಲಕ, ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಶಿಸ್ತಿನ ಆವಶ್ಯಕತೆಯ ಕುರಿತು ಸಹಾರಾತ್ಮಕ ಸಂದೇಶವನ್ನು ನೀಡುತ್ತಾರೆ.

ಸ್ನೇಹಪೂರ್ಣ ಶಿಕ್ಷಕರಾಗಿ

1. ಪಾಠದ ನಡುವೆ ವಿದ್ಯಾರ್ಥಿಗಳು ತೊಂದರೆ ಅನುಭವಿಸುವಾಗ ಅವರ ಪ್ರಶ್ನೆಗಳಿಗೆ ಸ್ಪಷ್ಟ ಉತ್ತರ ನೀಡುತ್ತಾರೆ ಮತ್ತು ಯಾವುದೇ ವಿಧದ ಟೀಕೆಯನ್ನು ತಾಳುತ್ತಾರೆ.
2. **ವ್ಯಕ್ತಿಗತ ಶ್ರದ್ಧೆ:** ಪ್ರತಿ ವಿದ್ಯಾರ್ಥಿಯ ಸಾಮರ್ಥ್ಯ ಮತ್ತು ತೊಂದರೆಗಳನ್ನು ಗುರುತಿಸಿ, ಅವರ ಸಬಲತೆಯನ್ನು ಪ್ರೋತ್ಸಾಹಿಸಿ, ದುರ್ಬಲತೆಗಳ ಮೇಲೆ ಗಮನ ಹರಿಸುತ್ತಾರೆ.

ಸ್ನೇಹಪೂರ್ಣ ಶಿಕ್ಷಕರಾಗಿ, ಅಧ್ಯಾಪಕರು ಕೇವಲ ಪಾಠಶಾಲೆಯ ಪಾಠವನ್ನು ಮಾತ್ರವಲ್ಲ, ಸಹಾನುಭೂತಿ, ವಿಶ್ವಾಸ ಮತ್ತು ಸಾಮಾನ್ಯ ಬುದ್ಧಿವಂತಿಕೆಯಂತಹ ಜೀವನದ ಪಾಠವನ್ನೂ ಕಲಿಸುತ್ತಾರೆ.

ವಿದ್ಯಾರ್ಥಿ ಮತ್ತು ಶಿಕ್ಷಕರ ನಿಲುವಿನ ಸಮತೋಲನಕ್ಕಾಗಿ ಕೆಲವು ಮಾರ್ಗಗಳು:

• ಸ್ಪಷ್ಟ ಸಂಕೇತ ಮತ್ತು ನಿರೀಕ್ಷೆಗಳು:

- **ಶಿಕ್ಷಕರು:** ಪಾಠಗಳು, ಶಿಸ್ತಿನ ನಿಯಮಗಳು, ಮತ್ತು ಶಿಕ್ಷಣ ಕ್ರಮದ ಮೇಲೆ ಸ್ಪಷ್ಟ ನಿರೀಕ್ಷೆಗಳನ್ನು ಹೊಂದಿದಾಗ, ವಿದ್ಯಾರ್ಥಿಗಳು ಗೊಂದಲವಿಲ್ಲದೆ ಪಾಠದಲ್ಲಿ ತೊಡಗಿಸಿಕೊಳ್ಳುತ್ತಾರೆ.
- **ವಿದ್ಯಾರ್ಥಿಗಳು:** ತಮ್ಮ ಕಲಿಕೆಯ ಗುರಿ ಮತ್ತು ಅಲಸುಗಳನ್ನು ತೆರೆಯಾಗಿ ಹಂಚಿಕೊಳ್ಳುವುದರಿಂದ, ಶಿಕ್ಷಕರಿಗೆ ವಿದ್ಯಾರ್ಥಿಯ ನಿಲುವನ್ನು ಅರ್ಥಮಾಡಿಕೊಳ್ಳಲು ಸಹಾಯವಾಗುತ್ತದೆ.
- **ಲಾಭ:** ವಿದ್ಯಾರ್ಥಿಗಳು ತಮ್ಮ ನಿಲುವನ್ನು ಸ್ಪಷ್ಟವಾಗಿ ಹಂಚಿಕೊಂಡಾಗ, ಶಿಕ್ಷಕರು ಪಾಠವನ್ನು ಆಕರ್ಷಕವಾಗಿ ಮತ್ತು ವ್ಯಾಪಕವಾಗಿ ಬೋಧಿಸಲು ಸಹಾಯವಾಗುತ್ತದೆ, ಇದರಿಂದ ವಿದ್ಯಾರ್ಥಿಗಳು ಭಾಷಾ ಕಲಿಕೆಯಲ್ಲಿ ಹೆಚ್ಚು ತೊಡಗಿಸಿಕೊಳ್ಳುತ್ತಾರೆ.
- **ಅಂತಿಮವಾಗಿ:** ವಿದ್ಯಾರ್ಥಿ ಮತ್ತು ಶಿಕ್ಷಕರ ನಿಲುವುಗಳನ್ನು ಸಮನ್ವಯಗೊಳಿಸಿದಾಗ, ಕಲಿಕೆಯ ಪ್ರಯಾಣವು ಸಹಕಾರಿಯ, ಬುದ್ಧಿವಂತ, ಮತ್ತು ಪ್ರೇರಣೆದಾಯಕವಾಗುತ್ತದೆ.



Pushpalatha M Rampure
Kannada Lecture, CMR PU Byrathi